

DMAI WORK FROM APRIL TO DECEMBER 2018

VISION

To create awareness on health and social issues among children, adolescents and adults for better physical and mental wellbeing, and conducting surveys for improvisation in existing government policies and framework.

MISSION 2019

To train 1,00,000 participants in various health and social impact programs like personal hygiene, stress management, obesity, diabetes, drug abuse, cancer, sexual harassment, adolescent problems, happiness, digital de-addiction and anti bullying.

To develop the training modules on Positive thinking, Ayurveda & Home remedies and Mindful eating etc.

To conduct mini marathon in schools.

To conduct surveys on relevant subjects as per the requirements

To introduce 5 level program in schools to sensitize students about pre-emptive healthcare.

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SLUM WORK



REACHED SLUM COMMUNITIES, 2018



(AREAS COVERED IN DELHI)

PEER BABA JUGGI, JASOLA

NAI BASTI, SHAHEEN BAGH

PEHALWAN CHOWK, BATLA HOUSE

SINDHIYA POTRY, SAROJINI NAGAR

PRATAP CAMP, NEHRU NAGAR

SHAHEED ARJUNDAS CAMP, LAXMI BAI NAGAR

ADIVASI CAMP, NEHRU NAGAR

MODULES

नीजी साफ सफाई
PERSONAL HYGIENE

मधुमेह
DIABETES

नशे की लत
DRUG ADDICTION

योग के फायदे
BENEFITS OF YOGA

पोषण और आहार
NUTRITION

मोटापा
OBESITY

यौन उत्पीड़न
SEXUAL HARASSMENT

जीवनचर्या में सुधार
LIFESTYLE MODIFICATION

अनीमिया
ANAEMIA

वायु प्रदूषण
AIR POLLUTION

किशोरावस्था समस्याएँ
ADOLESCENT PROBLEMS

प्लास्टिक के प्रभाव
HEALTH AND PLASTIC

उच्च रक्तचाप
HYPERTENSION

आपातकालीन स्थिति में सुझाव
DEAL WITH EMERGENCY

FINDINGS (COMMUNITY)



2735 Training hours devoted to children and woman in communities by DMAI

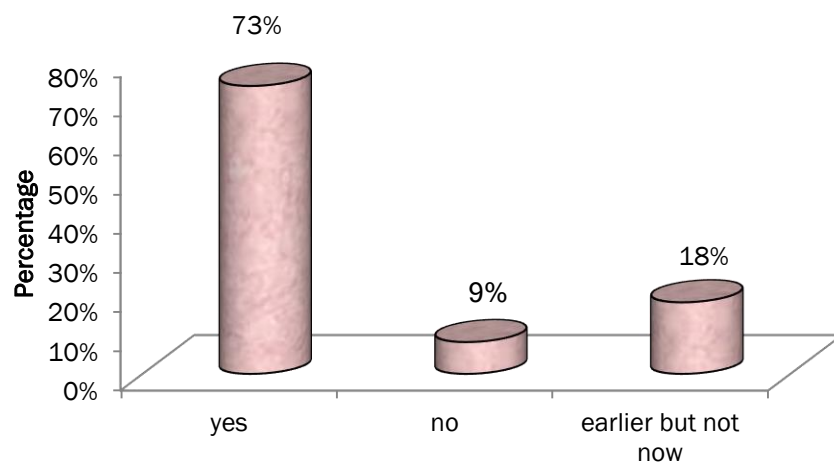
- It was found that majority of children who attended the workshop by DMAI team were males and very few females were allowed to attend these classes even in their own community.
- 73% of those student were going to school, 18% said that earlier they were going but later they dropped for earning money and 8% don't go to school.
- 30% said that they were not able to read and write even after going to school.
- 58% of the children accepted that they had bad habits and 75% were addicted to one or other type of drug.
- 24% of these children do some work after school to earn money.
- 37% of the children said that they were never vaccinated.

ANALYSIS (COMMUNITY)

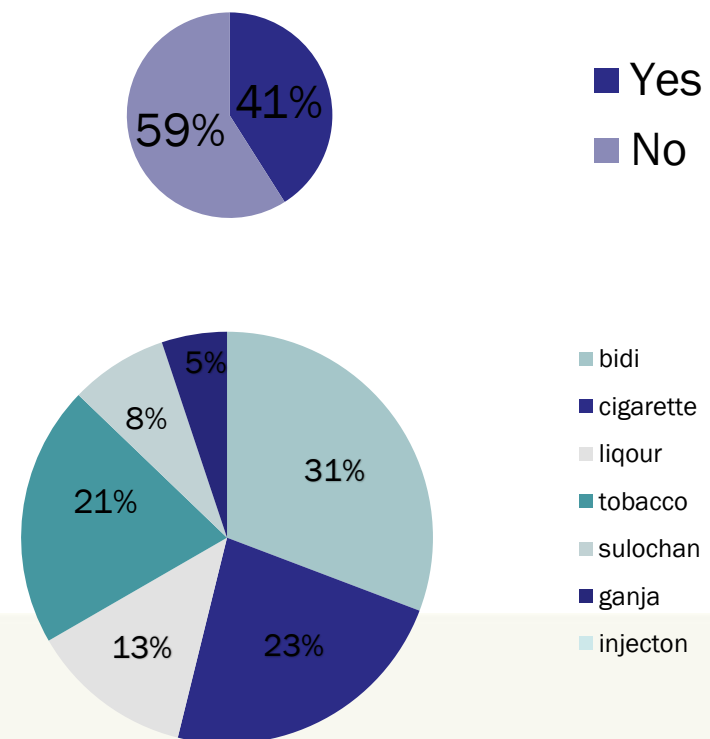
The below graph shows the number of participants going to school and few who dropped schooling once they reached the adolescent age.

It is observed that 41% of the participants agreed that they are under the influence of one or the other drug, Following graph shows the number of participants addicted to one or the another drugs.

Number of participants go to school



Participants taking Drugs



HEALTH CAMP (SLUM)

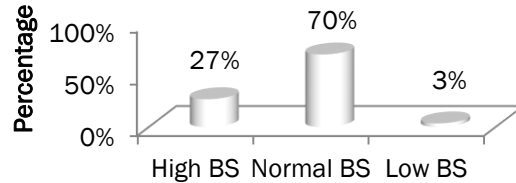


ANALYSIS (SLUM)

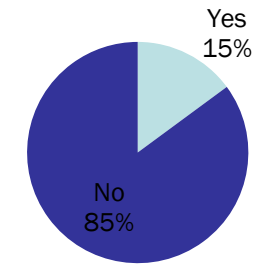


DMAI conducted free health camp for children and women in the 7 adopted slums.

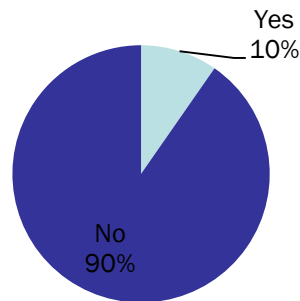
BS measurements



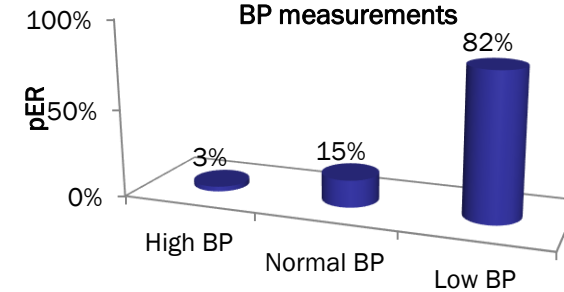
Percentage of participants wear eye glasses



Percentage of participants undergone a dental procedure



BP measurements



AYUSHMAN BHARAT SURVEY



FINDINGS (AYUSHMAN BHARAT)

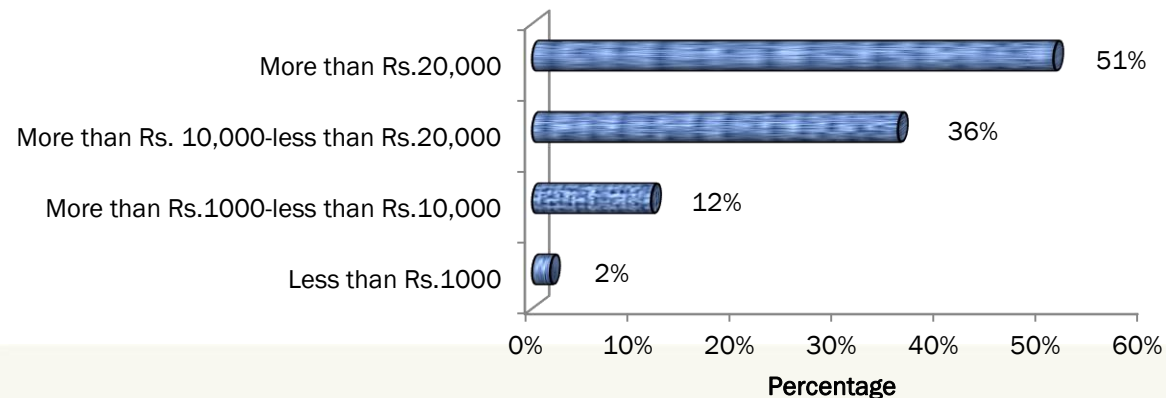


Report on Ayushman Bharat Scheme

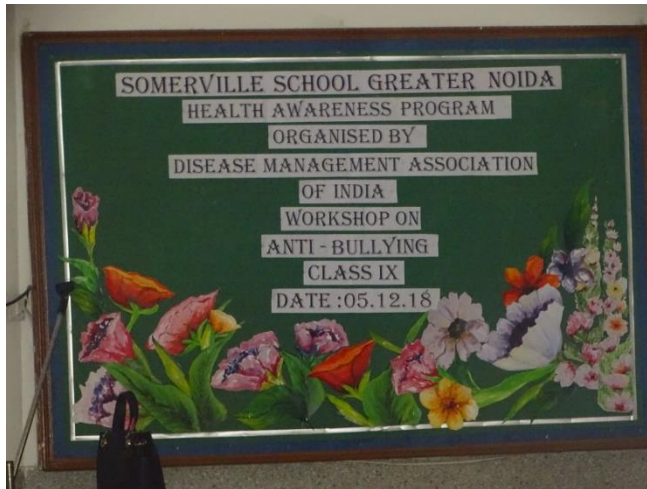
A survey was conducted by Disease Management Association of India from September 2018- October 2018 on “Awareness of general public on Ayushman Bharat Scheme” at Delhi NCR. The data of 653 participants was collected from 11 slums of Delhi. A questionnaire was prepared including 16 questions for demographic characteristics of the participants, their healthcare expenses and practices and questions related to the scheme.

The results shows that majority of the participants are in the age group of 18-38 years and are married. 57% of the participants are having BPL card. Despite of the enormous government facilities available of them, the healthcare expenditure of majority i.e., 51% of the families are more than Rs. 20,000 annually which is out of their budget.

Annual healthcare expenses of participants



SCHOOL HEALTH AWARENESS PROGRAM



LIST OF SCHOOLS WHERE DMAI CONDUCTED WORKSHOPS IN 2018



- ✓ JAYPEE PUBLIC SCHOOL (NOIDA)
- ✓ DEV SAMAJ MODERN SCHOOL (NEHRU NAGAR)
- ✓ DEV SAMAJ MODERN SCHOOL (SUHKDEV VIHAR)
- ✓ ST. JOSEPH'S SCHOOL (GREATER NOIDA)
- ✓ DAISY DALES SR. SEC. SCHOOL (EAST OF KAILASH)
- ✓ GREEN FIELDS SCHOOL(ALAKNANDA)
- ✓ G.D GOENKA PUBLIC SCHOOL (SARITA VIHAR)
- ✓ QUEENS MARY GIRLS SCHOOL (ROHINI)
- ✓ TAGORE INTERNATIONAL SCHOOL (EOK)
- ✓ SOMERVILLE SCHOOL (GREATER NOIDA)
- ✓ MOTHER'S GLOBAL SCHOOL (PREET VIHAR)
- ✓ UNIVERSAL PUBLIC SCHOOL (PREET VIHAR)
- ✓ OXFORD PUBLIC SCHOOL (NEHRU NAGAR)
- ✓ UMA DEVI PUBLIC SCHOOL(SHAHDARA)
- ✓ VIDYA VIHAR VIDYALA(SHAHDARA)
- ✓ K.V.V.M PUBLIC SCHOOL (SHAHDARA)
- ✓ PRABHU DAYAL PUBLIC SCHOOL (SHALIMAAR BAGH)
- ✓ JYOTI MODEL SEN. SEC. SCHOOL (ADHARSH NAGAR)
- ✓ DR. S.R.S. MISSON SCHOOL (JANAKPURI)
- ✓ D.T.E.A. SEN. SEC. SCHOOL (JANAKPURI)
- ✓ ST.ANDREWS SCOTS SR. SEC. SCHOOL (PATPARGANJ)
- ✓ APEEJAY SCHOOL (SAINIK VIHAR)
- ✓ ASN SR. SEC. SCHOOL (MAYUR VIHAR)
- ✓ JAYPRAKASH SEWA SANSTHAN (VASANT VIHAR)
- ✓ CRPF PUBLIC SCHOOL(ROHINI)
- ✓ HIMALAYA INTERNATIONAL SCHOOL (ROHINI)
- ✓ ARWACHIN SIKSHA SADAN (SHAHDRA)
- ✓ GOVT. GIRLS. SR. SEC. SCHOOL (VASANT KUNJ)
- ✓ ARAVALI INTERNATIONAL SCHOOL(FARIDABAD)
- ✓ KENDRIYA VIDYALAYA (A.A.I. RANGPURI)
- ✓ DAISY DALES SENIOR SECONDARY SCHOOL(EAST OF KAILASH)
- ✓ KALKA PUBLIC SCHOOL (CHITTARANJAN PARK)
- ✓ PRINCE PUBLIC SCHOOL(MEHRAULI)
- ✓ ST. JOHN'S SCHOOL (MEHRAULI)
- ✓ VISHAL BHARTI PUBLIC SCHOOL (PITAM PURA)
- ✓ GURU NANAK PUBLIC SCHOOL(SHALIMAAR BAGH)
- ✓ NORTH DELHI PUBLIC SCHOOL (PITAMPURA)
- ✓ SUNDAR PUBLIC SCHOOL (SARITA VIHAR)
- ✓ GOVT. GIRL SENIOR SEC. SCHOOL(SHAHDRA)
- ✓ SAIYID HAMID ACADEMY SCHOOL (JAMIA NAGAR)
- ✓ REMAL PUBLIC SCHOOL (ROHINI)

MODULES



ANTI BULLYING

OBESITY

STRESS

DRUG ADDICTION

ADOLESCENT PROBLEM

HEALTH & HYGIENE

DIGITAL DE-ADDICTION

DIABETES

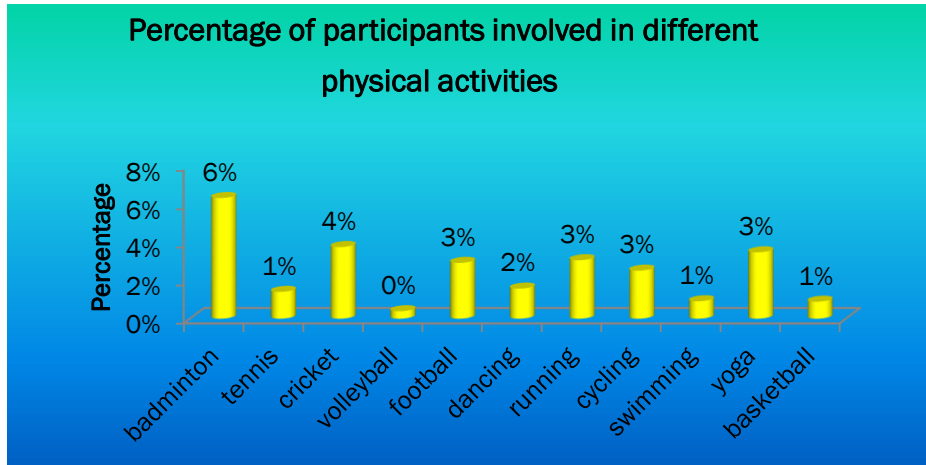
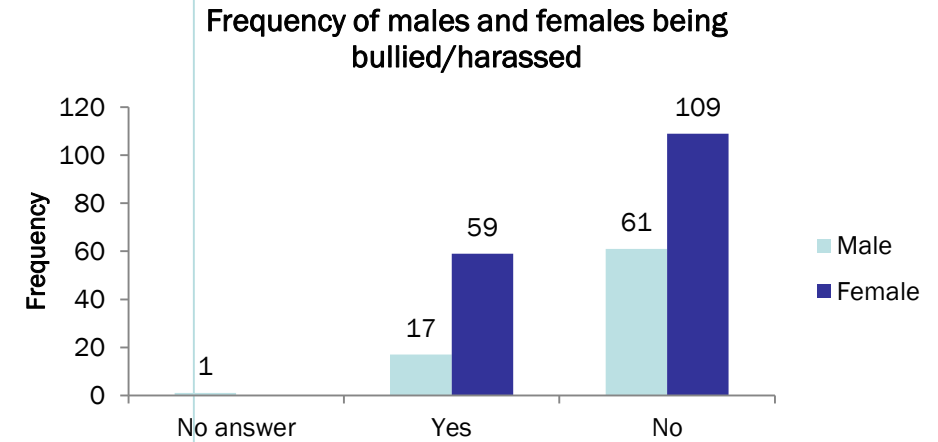
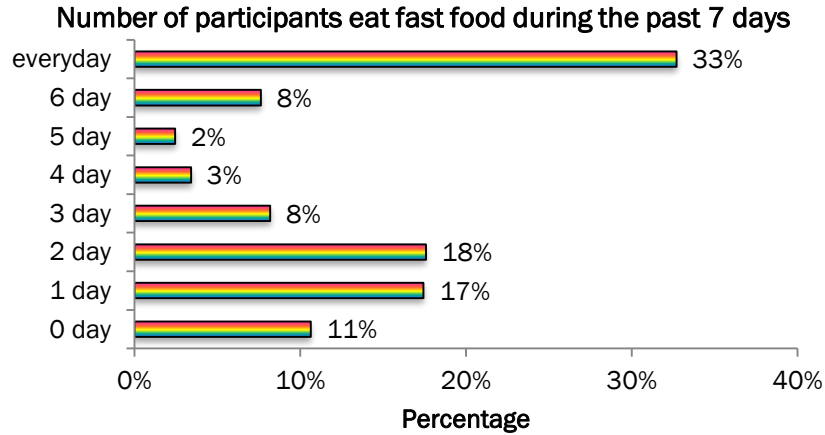
CANCER

SEXUAL HARASSMENT

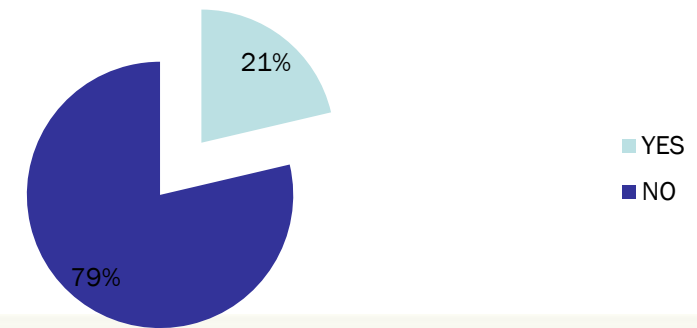
PERSONAL HYGIENE

HAPPINESS

ANALYSIS (SCHOOL WORKSHOPS)



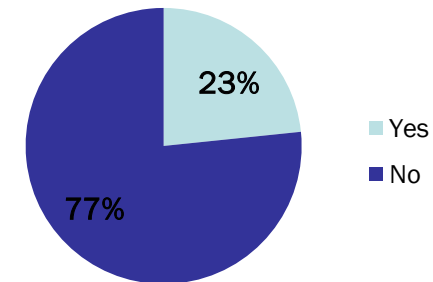
Percentage of participants being bullied and have informed to anyone



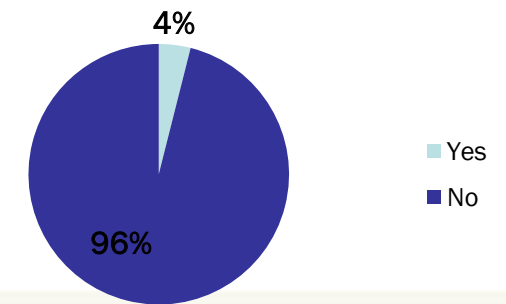
HEALTH CAMP AND WORKSHOPS FOR TEACHERS



Percentage of participants involved in any kind of physical activities



Percentage of participants undergone regular health check-up



CORPORATE WORKSHOPS



- DMAI conducted workshops in the corporates, organized free health checkup camps and health card games



SPECIAL DAY CELEBRATIONS



- DMAI believe that some days of the year are special and if we spread health awareness on these days among people then there is an impact on their lives.
- DMAI office inaugurated on 5th April on the occasion of World Health Day.
- Team DMAI celebrated World Environment Day on April 5th ,2018. We organized quiz Session, plantation and cleanliness drive at Pehalwan Chowk, Batla house, New Delhi.
- International Yoga Day celebrated on May 21st, 2018 at Sindlya potry sarojini nagar, New Delhi with 183 Slum children. These Children were told the importance of Yoga in their life to prevent from NCDs.
- ASN. School, Mayur vihar Celebrated Doctors Day with students of 6th to 8th. Dr. Manisha Kukreja from DMAI conducted a talk on NCDs and the importance of physical activates to the student.
- Smartworks organized the diabetes awareness camp and health checkup on World Diabetes Day (November 14th, 2018). Team DMAI motivated people about healthy living and regular checkups.
- On the occasion of world literacy day (September 8th,2018) DMAI introduced corporate world to the children of slum and they were taught hygiene and writing their name.

INTERNATIONAL YOGA DAY

ENVIRONMENT DAY



DOCTORS DAY

WORLD DIABETES DAY



WORLD DIABETES DAY
14th November, 2018 At Nehru Place (Cafeteria)

smartworks®
in association with our member

dmai

HAS ORGANIZED AN AWARENESS SESSION AND A FREE CHECK-UP OF BLOOD SUGAR AND BMI.

THIS DIABETES DAY, IT IS TIME FOR US TO BE MORE MINDFUL OF OUR HEALTH!

A hand is shown holding a digital glucose meter. The screen of the meter displays the word 'HIGH' in red, indicating a high blood sugar reading. The background of the graphic is white with yellow sun-like patterns.

WORLD LITERACY DAY

WORLD CANCER DAY



MEETING WITH THE SECRETARY, SCHOOL EDUCATION, GOVT. OF INDIA (SHRI ANIL SWAROOP JI)



MEETING WITH THE UNION MINISTER FOR WOMEN AND CHILD DEVELOPMENT



DMAI has addressed 59,452 students across school & 2735 slum children in Delhi and NCR.

Our team met the secretary-school education, government of India-Shri Anil Swaroop and briefed him on the challenges and opportunities to change the realities at the ground level.

DMAI TEAM met the officials of Union Minister for women and child development, Govt. of India, shared their work, findings and potential solutions.

We keep on meeting the ministry for getting right direction for the social work

FUTURE PLAN

- ❖ Awareness training of 500,000 school students on various Non Communicable Diseases.
- ❖ Awareness training to 200,000 slum dwellers and under privileged
- ❖ Organizing health check up camps for school students and under privileged
- ❖ Initiate primary research / surveys amongst population across the country
- ❖ Open chapters in various states and districts
- ❖ Support the Government in its endeavors for NHPS and other programs
- ❖ Organizing mini-marathons in schools

